

Beyond the Mind: dare open the doors

P.L.Lattuada M.D., Ph.D.

The *logos* originates and reaches our consciousness through a hardware made of 10^{10} cells of the human brain, and acts in the world thanks to a hardware constituted by hundred billions of cells, by 2300 or 4600 double helix of DNA. Perhaps.

It seems that every brain cells has 10^{10} atoms. Perhaps.

Almost seven billions of human being live in an universe born, it seems, from 13 to 20 billions of years ago, from a fire ball, at a temperature of 18 billions of millions, of millions, of millions degree, we live on a planet which seems to belong to a galaxy constituted by 5 billions of stars, inside a universe that it seems has been formed by 5 billions of galaxies. Perhaps.

To contribute with words and acts in such a contest would require first of all a sacred respect, dignified silence, apologetic awareness of our condition as human beings, sympathetic brotherhood and compassionate love for our alike.

Without mentioning science and religion common sense will be enough.

Eurotas and Om, Association for Medicine and Transpersonal Psychology , are moving from these preliminary remarks to organize the 11th Eurotass conference entitled: Beyond the Mind (toward a consciousness of unity. From a culture of competition to a culture of sharing), to be held in Milan from the 15 to the 18 of October 2009.

Context

The *ybrys* (from the Greek term *ybrys*, insolence, abuse, violence) leads to a strain in the harmonic weft of society, and often forces us to build cathedral without basement, makes us hurry, and makes us omit to stay. If transpersonal view does have a sense, it will find it first of all in the art of sharing: sharing of Self, one's own resources and creative power, and one's own limits and shadows as well, with synergy and resonance rather than in competition for aims achievement.

Transpersonal view comes from ancient times but it does come with modern tools, it has the strength of thousand years of history and most of all three centuries of science. And it does know of not knowing.

As Ervin Laszlo remind us we live in the core of a transformation, the deepest and quickest one ever happened in human history, a transformation as radical as the one that led humanity from middle ages to modern era, but this actual one took place in a range of few decades instead of centuries.

Global communication through information technology had dramatic repercussions on environment, economy, politic, education and culture in general.

In a few decades there has been a transition from a world based on few questions with monolithic and positive answers to a world that has many different paths available to investigate the miracle of life, to give an answer to basic questions about us and about a better way to live.

In few decades the housefather, the priest of town, the wise man of the village, have seen their power drowned in the rushing stream of global communication brought by the troy horse of information technology or more easily by the bookstore at the shopping mall.

This change has brought about some people toward a technological run and an absolute faith in the scientific, materialistic and rational method. On the other hand other people castled themselves in orthodox faith, not only religious ones, leading to an increment in fundamentalist phenomenon especially in the poorest and the most threatened population on the planet.

Between these two trends in these recent years has been developing a varied trans-cultural world with many facet some prone to esoteric or salvation drift, others venturing in sometime reckless sometime intrepid religious and cultural syncretism. Some people use the term New Age, other the term holism to define such a cultural phenomenon typical of the progressive societies in the third millennium

Transpersonal ethic

The transpersonal movement differentiate completely from both rationalist dogmatism and religious fundamentalism and New Age simplicity. Transpersonal ethic is watering to a various springs of clear water.

The first one is the source of awareness coming from the new paradigm of science and eco-fair culture, the consciousness of the delicate and absolute interdependence between our live and the life on the planet. This means a sacred respect and full responsibility for our actions and attitude, it means working for our own as well as our community wellness; where community includes not only the other human beings but also trees and animals, mountains and forests, waters and oceans, sacred because they are animated with the holy spirit of life and hence they deserve the place to grow and wholly expand their potential.

The second source is the transpersonal ethic, grounded on moral codes mainly coming from the different religions. The transpersonal movement is actively concerned with spiritual traditions and their ethical issues, moreover it has the instruments and knowledge to foster people's adhesion to their own codes and traditions, as it does not purse any interest to substitute any beliefs or moral value, but rather it works in synergy to promote the dialogue between different traditions and to acknowledge complementarities and likeness between them.

The third source is coming from the background related to the instruments and knowledge's of healing processes, and to the mastery of inner experiences and state of consciousness. Just think about the inheritance coming from the psychological research conducted by James, Freud, Jung, Reich, Pearls,

Assaggioli and others. Consider the different experiential therapies, group meetings, manpower development, the transpersonal models proposed by Grof, Neil, Tart, the so called technologies of the sacred, Wilber's integral vision and Maslow's hierarchy needs.

A responsibility emerges from this extensive set of cognisance and methods so that everyone is called to act supporting and encouraging sharing, assistance and mutual love for the entire living community. Such a responsibility is not an invitation to elude discomfort and avoid bad attitudes, but rather a clear and unambiguous commitment to knowledge our self, even our shadows, honouring our true essence in every field, would it be psychological, educational, ecological or socio-political.

The event

Being aware that the answers may be found in the questions, intent of the 11th Eurotas Conference is to offer the opportunity to create a field where Logos may become Heart and yield Soul, and Soul may express itself in experiences and effective projects.

Each one of the first three days will be dedicated to a specific area: education, science and society. Round tables will be organized with experts, whose duty will be to gift their heart and share their wisdom before showing their knowledge.

During meetings and workshops delegates will work to assist participants encouraging insight, what Bohm calls a new order of knowledge, the true knowledge, coming from the silence of the mind. In the fourth day, from all the different contribution we will work out a "manifesto transpersonal" which collect inside a single document the main themes of the transpersonal vision.

Events of spontaneous theatre, music, chorus, meditation will be held during the evenings and the intervals between the sessions.

The 11th Eurotas Conference Organization is honoured to host two personalities, for whom no presentation is needed: Stanislav Grof and Ervin Laszlo, to them goes our warmest thanks for gifting us with their presence.