

Biotransenergetic and Martial Arts

Between the BTE vision of inner experience and the more traditional study of martial arts there are strong theoretical and methodological links.

The BTE can be a precious interpretative code for those who enter the world of martial arts, as a matter of fact, in this way they can approach meanings which would be precluded to people getting close to these disciplines without adequate tools or, better, being out of a true condition of sacredness and innocence. To grasp the equivalence between the self-healing practices, conveyed by the BTE, and the "warrior's way", it is necessary to build up a conceptual unity which goes beyond rigid patterns of thought which limit the awakening of consciousness and the evolutive process, beyond the ego crystallizations. The concept of healing still rotates on the suppression of symptoms, as well as, in the martial art, we still aim to beat our opponent through techniques which should make this "success" possible. True martial arts have been imagined and organized to put the warrior in a direct contact with the mastery of ineffable. It is pure madness to think that chaos of a hand-to-hand struggle can be disciplined through rules or techniques. The warrior, who understands this, tries then to act inside the field of divine emanations. Any true conquest becomes an act of surrendering for him, because he keeps his attention on the complex forms of martial arts, knowing that they do not represent any security.

In every technique a little deceit is implicit. The teacher gives the disciple the "certainty" that in a given situation, with a certain movement, he will defeat the opponent. The teacher shows the technique, and asks the disciple to practice it a lot, in order to fix a pattern in the disciple's mind and body. But if he limits himself only to this, he would only give false certainties. What leads the technique back to Art is the demonstration that the studied form can be cancelled through a complementary form. The teacher's task is not giving answers but arousing questions, being aware of his own limits. "Every struggle technique is the answer to an unconscious question of an aggression".

The problem is not answering an aggression efficiently but the Cause Of it. The study of martial arts is a trip towards an answer. This study is the process which aims to pass from the world of effects (Tonal, as Castaneda would say) to the world of causes (Nagual). The exercise of art gives the method of this research. What is important not fixing the content of a movement but flowing from an interpretation of reality to another, becoming fluid and handling the Transe process. That is moving one's own world vision from one point to another, to avoid the blade which is approaching us. The blade helped us to slip in a new state of consciousness, where the previous conflict does not exist any longer and the block has been absorbed in the transe fluidity. Only the process and the flow exist; the techniques are only limited manifestations in potential forms.

The Archetypes of the struggle styles create harmonious waves of resonance and are grasped by the warrior, who, in that moment, is the interpreter of them. Kon No Budo, said Ueshiba, founder of Aikido: martial arts of soul, the spiritual warrior is in contact with the universal laws. So then in the flow of movement only consciousness of One exists, beyond every duality, and conflict.

translation by Marina D'andrea