



ASSOCIAZIONE  
PER LA MEDICINA E LA PSICOLOGIA  
TRANSPERSONALE

## **Biotransenergetica**

a new transpersonal discipline  
beyond psychotherapy  
towards a modern shamanism

### **What 's, in short, Biotransenergetics**

Change your state of consciousness and you'll change your life

Biotransenergetics is a poetic fire, rising from love. It's an integral medicine, a transpersonal psychotherapy.

It has been conceived since 1981 by Marlene Silveira, psychotherapist and psychologist and Pier Luigi Lattuada, medicine doctor and psychotherapist. Ever since, in over twenty five thousand hours of clinical work, Pier Luigi Lattuada improved the theoretical patterns and the clinical methodology.

Since 1988 has been presented in over fourthy national and international Conferences, in several articles and twelve published books.

Biotransenergetics teach the inner experience to master states of consciousness and healing from inside.

Don't limits itself to the wellness, it wants love and confiance, freedom and honor, courage and responsibility to preserve the sacred power of the life and the natural forces.

Healing from inside...

...is matter of love and suffering, awareness and mistakes, dead and rebirthing, endless awakenings...

## **Some essentials traits**

Laudato si', mi signore, per sora luna e le stelle" messor lo frate sole".. "frate vento".. "sora acqua.." "frate foco".. "sora nostra madre terra".

Biotransenergetics is a psycho-spiritual discipline which promotes the full expression of our "intimate nature or spiritual essence" and prefers to address the "qualities".

It finds its roots in the "primary tradition", fruit of the primordial yearning of the human being for understanding nature and harmonizing with it.

This original fit started the shamanism, the first "religions of nature", which are amoral and ecstatic and believe in a "fundamental unity of creation".

In brief, two are the most important elements in Biotransenergetics: the CONTACT and the TRANSE.

Being in "contact" with own essence means being able to grasp the fundamental unity of the creation inside oneself. We reach that contact when we learn to "stay" in front of ourselves instead of leaving.

your nature is to fly...

To stay means to develop qualities such as the abilities of observation, listening, and acceptance. It means to develop his own firmness, his own intent, his own awareness and responsibility.

It is only in this way that we can recognize the stream of forces that live inside ourselves.

""Transe" means for us to actually become those forces rather than to oppose them. It means to develop qualities such as humility, sympathy, reliance, abandon, and love towards any manifestation of living being.

When we master the transe, we can "make one from two", which means to create the condition to overcome any conflict, that is just the contraposition between two opposite forces. When we master the transe, we become able to transform any enemy into an ally, any symptom into a message, any force into our own force.

We can get to know the forces of the earth, of the water, of the air, of the fire, and then harmonize with them.

We can consider every event: an emotion or a wish, an obsessing thought or a guardian angel as an entity which it is possible to enter the transe with.

When we master the transe, we can find our place among the forests and the ocean, among the animals and the stones, the waterfalls and the moon, and live all these things as a manifestation of God.

...And change

To learn to master ours qualities

## **Biotransenergetics**

To work with nature forces

The elemental forces of nature, the Orixas, according to the Ioruba tradition, are the forces, which hold the world, that is the divinities, which live any manifestation of nature. This archetipal costellations (according to the transpersonal approach) works inside us, determining our personal characteristics, our qualities, behaviors, emotional modalities, attitudes and potentialities.

Biotransenergetics has achieved a series of specific practices, some of which are traditional, some other new. to get in contact and harmonize with the various archetipal forces.

Tecnologies of the Sacred like:meditation, strength of mind, visualization, listening, silence, dance, breathing, catharsis, voicies dialogue , bodywork,relax and those rituals airily quoted such as: transe, drumming, mantras, mudras, songs, symbols, colors, scents, herbs, food.

## **To know more**

Explanation are never wasted... They open the way to the silent knowledge...

Don Juan

## **Published Books**

Lattuada P.L., Vedere Bene, MEB Padova, 1985

Lattuada P.L., Potere spirituale e guarigione, MEB Padova-1986

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Lattuada P.L., Massaggio d'amore, MEB Padova,1989

Lattuada P.L., Il modo ulteriore, MEB Padova-,1995

Lattuada P.L. - a cura di - Transe - Cyber n° 32 - Ottobre 1991

Silveira M., Lattuada P.L.; Lavorare con i chakras -. MEB Padova, 1993

Lattuada P.L., Biotransenergetica , Xenia Milano 1997

Lattuada Pier Luigi, Sotto stelle diverse, Xenia Milano, 1998

Lattuada P.L.,Oltre la mente, Franco Angeli Milano, 2004

Lattuada P.L., Il corpo del Sogno, Anima Milano,- 2007

Lattuada P.L., Arte medica della guarigione interiore, Franco Angeli, Milano 2008

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