



*To learn to master
ours qualities*

Biotransenergetics

To work with nature forces

The elemental forces of nature, the Orixas, according to the Ioruba tradition, are the forces, which hold the world, that is the divinities, which live any manifestation of nature.

This archetipal costellations (according to the transpersonal approach) works inside us, determining our personal characteristics, our qualities, behaviors, emotional modalities, attitudes and potentialities.

Biotransenergetics has achieved a series of specific practices, some of which are traditional, some other new. to get in contact and harmonize with the various archetipal forces.

Tecnologies of the Sacred like:meditation, strength of mind, visualization, listening, silence, dance, breathing, catharsis, voicies dialogue , bodywork,relax and those rituals airily quoted such as: transe, drumming, mantras, mudras, songs, symbols, colors, scents, herbs, food.

To know more

*Explanation are never wanted... They open the way
to the silent knowledge...*

Don Juan

Published Books

Lattuada P.L., Vedere Bene, MEB Padova, 1985

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*Lattuada P.L. - a cura di - Transe - Cyber n° 32 -
Ottobre 1991*

*Silveira M., Lattuada P.L., Lavorare con i chakras -
MEB Padova, 1993*

*Lattuada P.L., Biotransenergetica , Xenia Milano
1997*

*Lattuada Pier Luigi, Sotto stelle diverse, Xenia
Milano, 1998*

*Lattuada P.L., Oltre la mente, Franco Angeli Milano,
2004*

*Lattuada P.L., Il corpo del Sogno, Anima Milano,-
2007*



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*Om
associazione
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Transpersonale*

*Biotransenergetica
a new transpersonal
discipline
beyond psychotherapy
towards a modern
shamanism*

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*What 's, in short, Biotransenergetics
Change your state or consciousness and you'll
change your life*

*Biotransenergetics is a poetic fire, rising from
love. It's an integral medicine, a transpersonal
psychotherapy.*

*It has been conceived since 1981 by Marlene
Silveira, psychoterapyst and psychologist and
Pier Luigi Lattuada, medicine doctor and
psychotherapist. Ever since, in over twenty five
thousand hours of clinical work, Pier Luigi
Lattuada improved the theoreticals patterns
and the clinical methodology.*

*Since 1988 has been presented in over fourthy
national and international Conferences, in se-
veral articles and twelve published books.*

*Biotransenergetics teach the inner experience
to master states of consciousness and healing
from inside.*

*Don't limits itself to the wellness, it wants love
and confiance, freedom and honour, courage
and responsibility to preserve the sacred
power of the life and the natural forces.*

Healinds from inside...

*...is matter of love and suffering, awer-
ness and mistakes, dead and rebirthing,
endless awakenings...*

Some essentials traits

*l'audata si', mi signore, per sora luna e le stelle"
messor lo frate sole" .. "frate vento" .. "sora ac-
qua.." "frate foco" .. "sora nostra madre terra".*

*Biotransenergetics is a psycho-spiritual discipline
which promotes the full expression of our
"intimate nature or spiritual essence" and prefers
to address the "qualities".*

*It finds its roots in the "primary tradition", fruit of
the primordial yearning of the human being for
understanding nature and harmonizing with it.*

*This original fit started the shamanism, the first
"religions of nature", which are amoral and ecstatic
and believe in a "fundamental unity of creation".*

*In brief, two are the most important elements in
Biotransenergetics: the CONTACT and the
TRANSE.*

*Being in "contact" with own essence means being
able to grasp the fundamental unity of the crea-
tion inside oneself. We reach that contact when
we learn to "stay" in front of ourselves instead of
leaving.*



*your nature is
to fly...*

*To stay means to develop qualities such as the
abilities of observation, listening, and accep-
tance. It means to develop his own firmness, his
own intent, his own awareness and responsibil-
ity.*

*It is only in this way that we can recognize the
stream of forces that live inside ourselves.*

*"Transe" means for us to actually become those
forces rather than to oppose them. It means to
develop qualities such as humility, sympathy,
reliance, abandon, and love towards any manifes-
tation of living being.*

*When we master the transe, we can "make one
from two", which means to create the condition
to overcome any conflict, that is just the contra-
position between two opposite forces. When we
master the transe, we become able to transform
any enemy into an ally, any symptom into a mes-
sage, any force into our own force.*

*We can get to know the forces of the earth, of
the water, of the air, of the fire, and then harmo-
nize with them.*

*We can consider every event: an emotion or a
wish, an obsessing thought or a guardian angel as
an entity which it is possible to enter the transe
with.*

*When we master the transe, we can find our
place among the forests and the ocean, among
the animals and the stones, the waterfalls and
the moon, and live all these things as a manifes-
tation of God.*



...And change